

SOCIAL SPORT

Judo	Sports Centre, City	12-15.1.55pm
Basketball	Sport Centre, City	3-3.55pm
Women's Badminton	Sports Centre, City	4-4.55pm

BUCS – COMPETITIVE SPORT

Women's Futsal	Sports Centre, Walsall	3-5pm
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GYM

Abs Blast	Sports Centre, Walsall	7-7:45am
Open Gym	Sports Centre, Walsall	12-2 & 7-9pm
Body Conditioning	Sports Centre, Walsall	9:30-10.30am
Functional Fit	Sports Centre, Walsall	12:15-12:45pm
Open Gym	Sports Centre, City	12-2 & 6-8pm
Functional Fitness	Sports Centre, City	12:15-1pm
Yoga	Sports Centre, Walsall	5:15-6:10pm
Circuits	Sports Centre, Walsall	6-6:45pm

