## WLV SPORT

# THURSDAY 19TH SEPTEMBER

#### SOCIAL SPORT

**Indoor Cricket** 

Sports Centre, City

4-4.55pm

### BUCS - COMPETITIVE SPORT

Women's Basketball Men's Basketball Women's Netball Men's Football Men's Futsal Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 3G Pitch, Walsall Sports Centre, Walsall

2-4pm 3-5pm 3-5pm 3-5pm 7-8.30pm

### GYM

Bootcamp
Open Gym
Abs Blast
Pilates
Open Gym
Cardio Abs
Yoga
WLV HIIT

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 7-7:55am
12-2 & 7-9pm
10-10.30am
1-1.55pm
12-2 & 6-8pm
12:15-1pm
5:15-6:10pm
7-7:30pm



