

SOCIAL SPORT

Badminton	Sports Centre, Walsall	5-5.55pm
Badminton	Sports Centre, City	5-5.55pm

BUCS – COMPETITIVE SPORT

Men's Football	3G Pitch, Walsall	7-9pm
Mixed Touch Rugby	Walsall RUFC	6-8pm
Women's Football	3G Pitch, Walsall	4-6pm
Women's Netball	Sports Centre, Walsall	6-8pm
Women's Basketball	Sports Centre, City	6-8pm
Men's Basketball	Sports Centre, Walsall	7-9pm

GYM

Circuits	Sports Centre, Walsall	7-7:55am
Open Gym	Sports Centre, Walsall	12-2 & 7-9pm
Cardio & Abs	Sports Centre, Walsall	9:30-10.25am
Circuits	Sports Centre, City	12:15-1pm
Open Gym	Sports Centre, City	12-2 & 6-8pm
Pilates	Sports Centre, Walsall	5-6.55pm
Legs, Buns & Guns	Sports Centre, Walsall	7-7:45pm

